



POWER RACK ASSEMBLY

Tools Required:

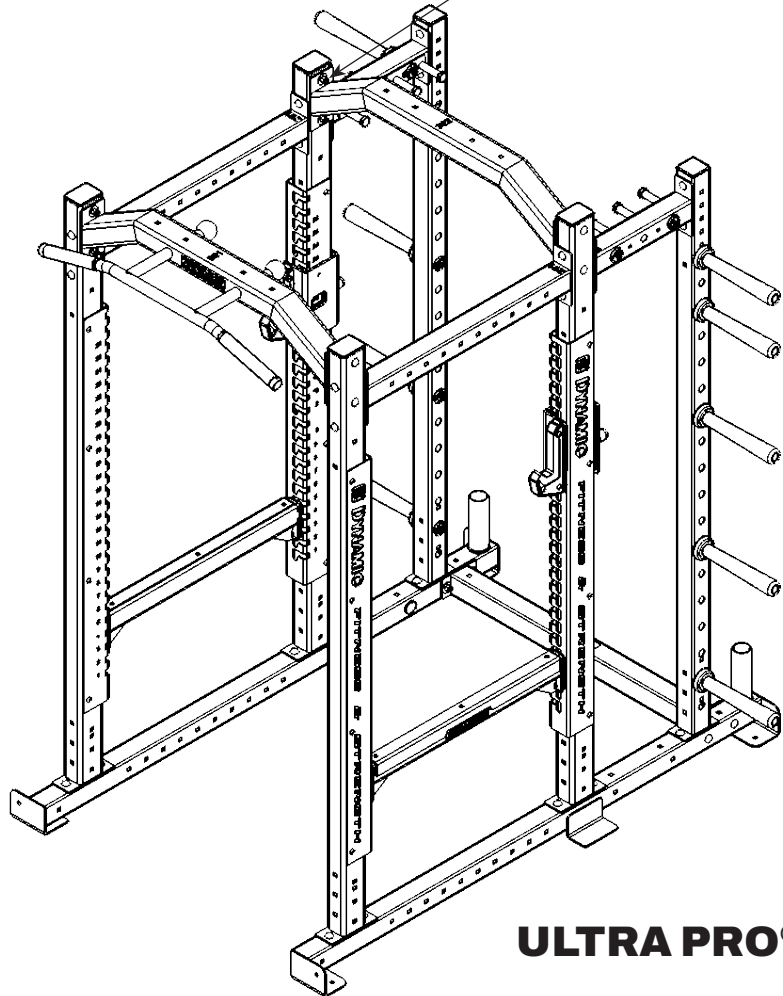
- 3/4" Standard Socket
- 3/8" Drive Ratchet
- 3/4" Combination End Wrench

POWER RACK ASSEMBLY INSTRUCTIONS

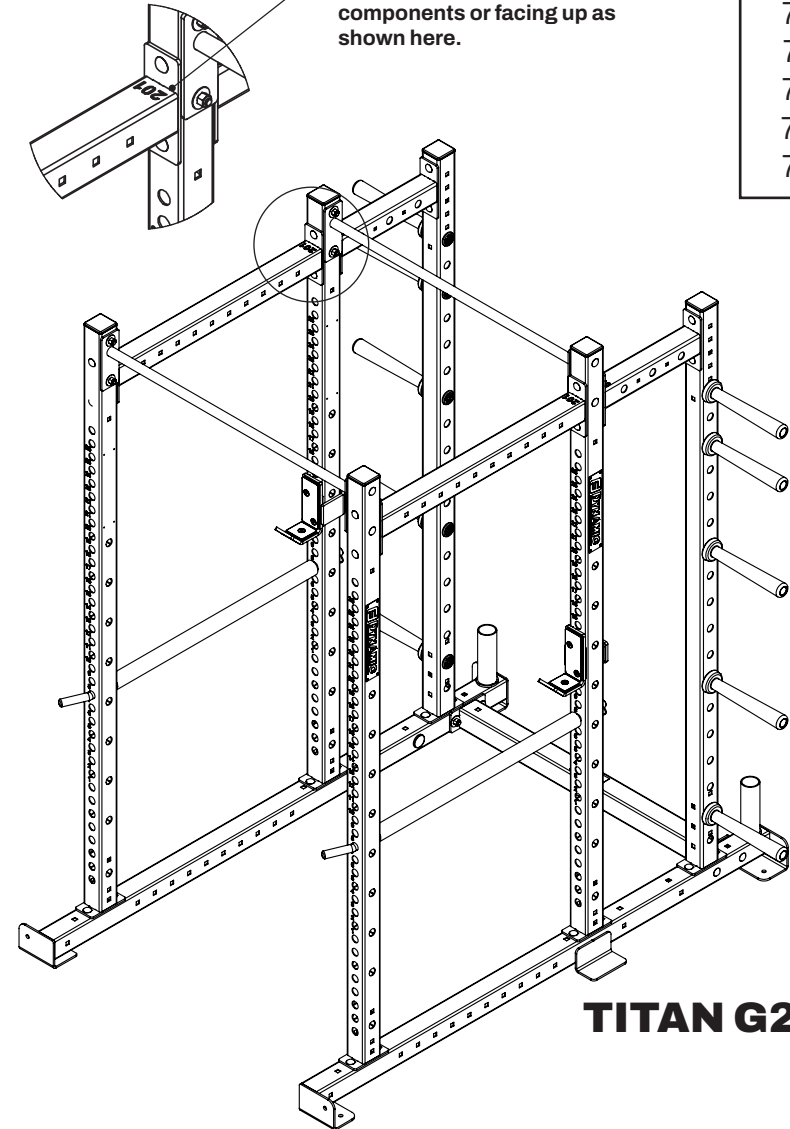
*Mounting of chin stations
Use 5" bolts on ULTRA PRO®
Use 4" bolts on TITAN G2

Component part numbers
should be covered by mating
components or facing up as
shown here.

Models:
400114
400214
700104
700114
700154
700204
700214



ULTRA PRO®



TITAN G2

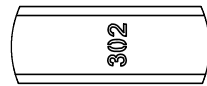
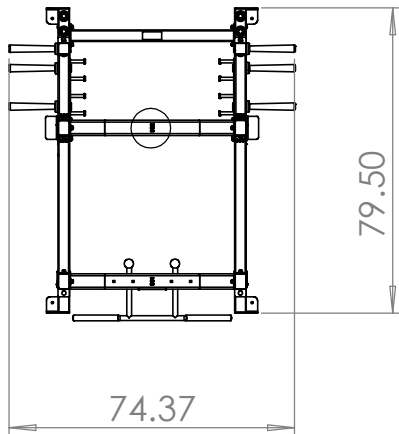


844-678-7447

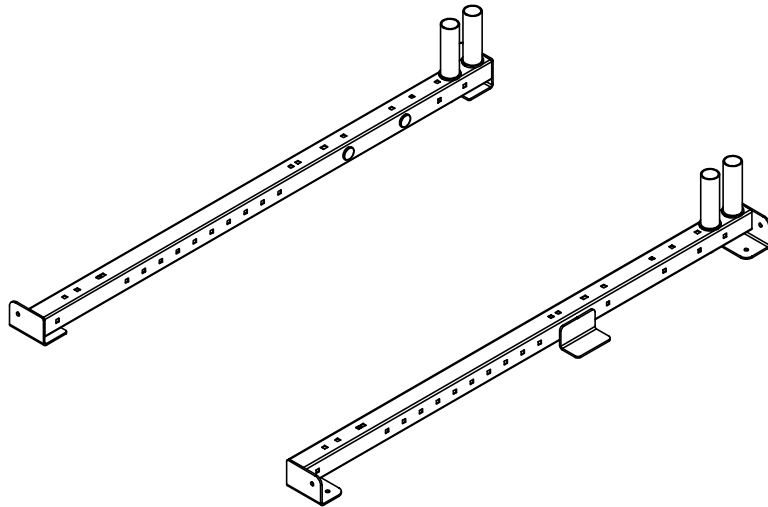
www.MyDynamicFitness.com

Before assembling this rack:

Consider how much space will be required around the unit to access weights and not interfere with other equipment.



All parts have a part number. Position the part number to be covered by its mating component or up as shown in this view.

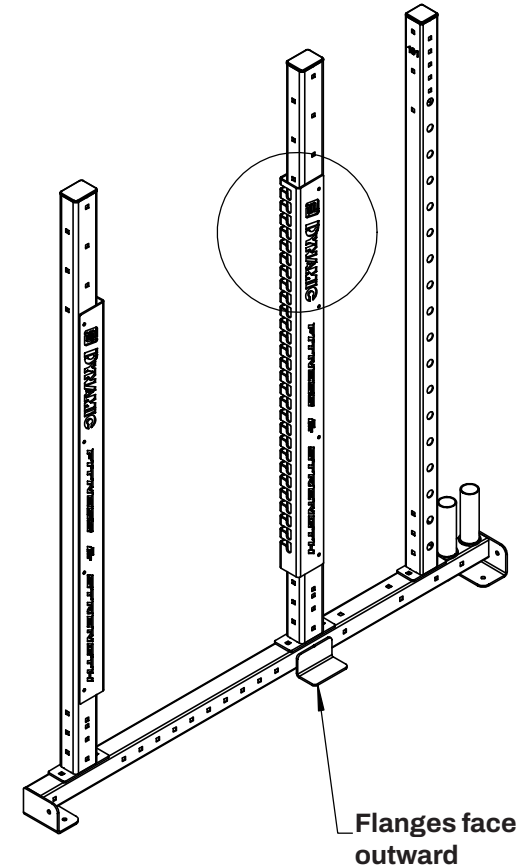


Step 1

Attach bar holders to ends of each base as shown. Depending on the model of your rack the bar holder number may vary. (Max two per side)



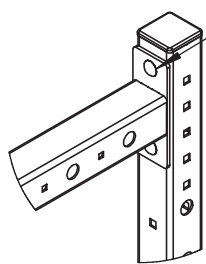
The mounting access for bar catch and safety must be to inside of rack as shown.
Note: Titan G2 Series will not have an upright wrap as shown



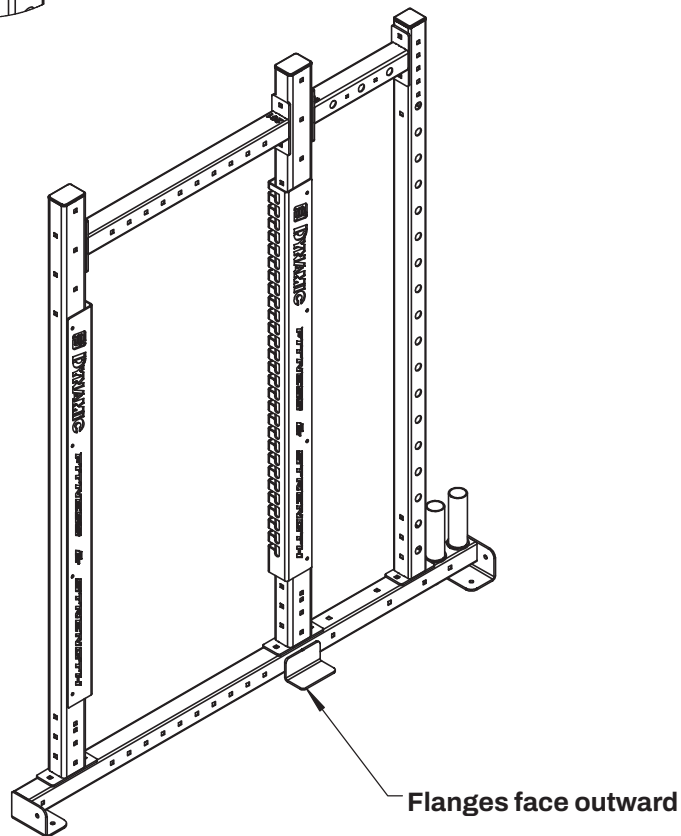
Step 2

Attach storage post, front upright and rear upright to right base as shown. Repeat for left side.

Note: The base mounting flanges must face outward.



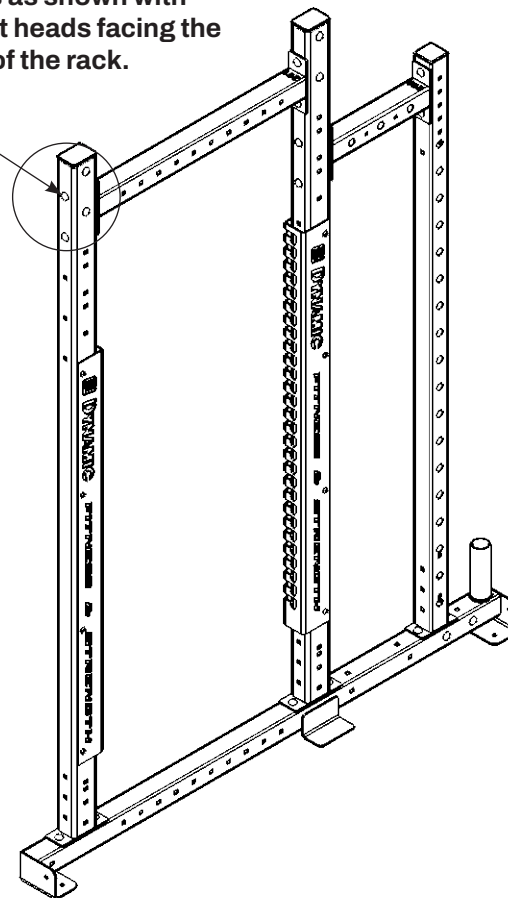
Install carriage bolt heads as shown with all bolt heads facing the front of the rack.



Step 3 A

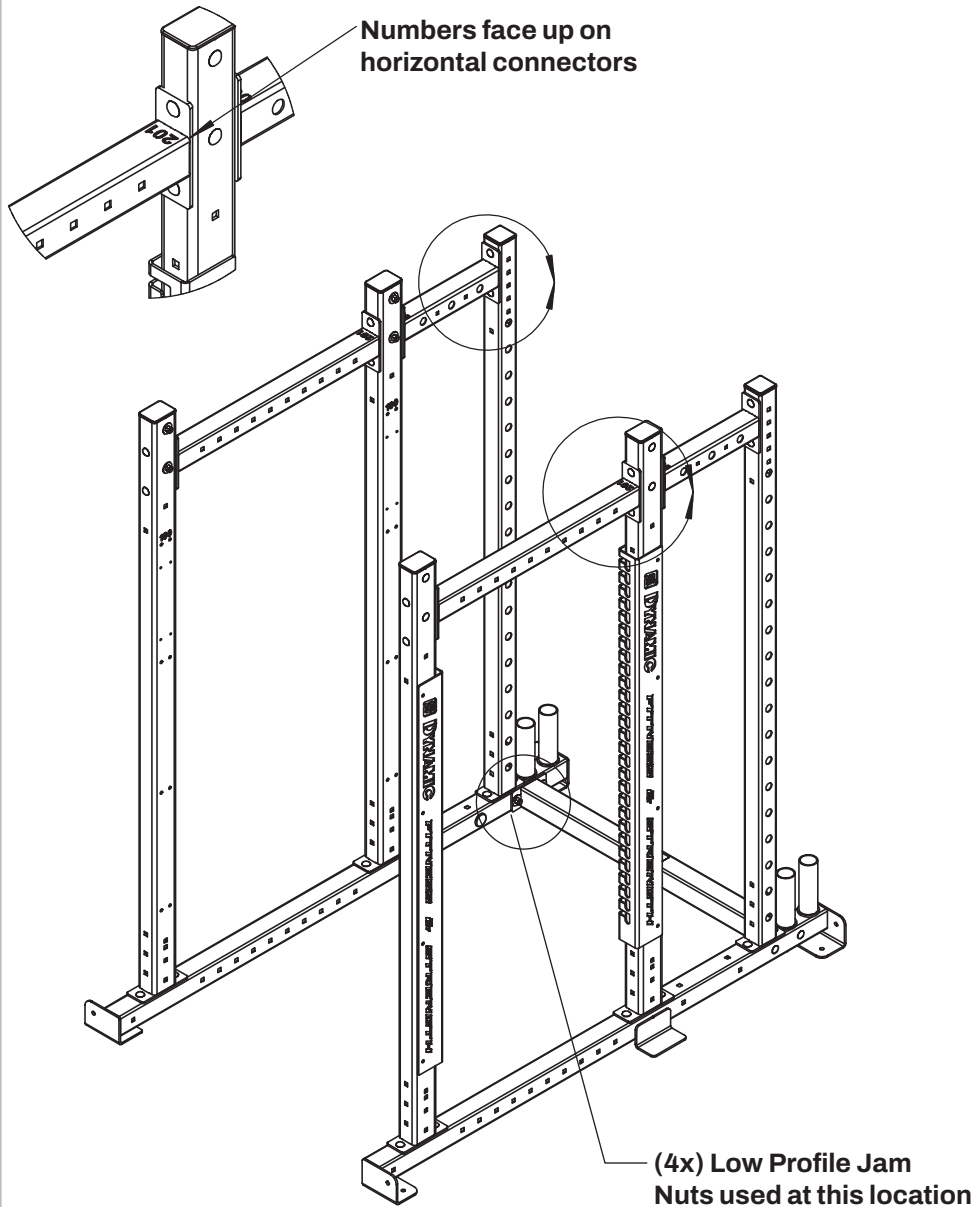
Attach horizontal cross members to storage post and 8' uprights as shown. Repeat for left side.

Install carriage bolt heads as shown with all bolt heads facing the front of the rack.



Step 3 B

Attach horizontal cross members to storage post and 9' uprights as shown. Repeat for left side.

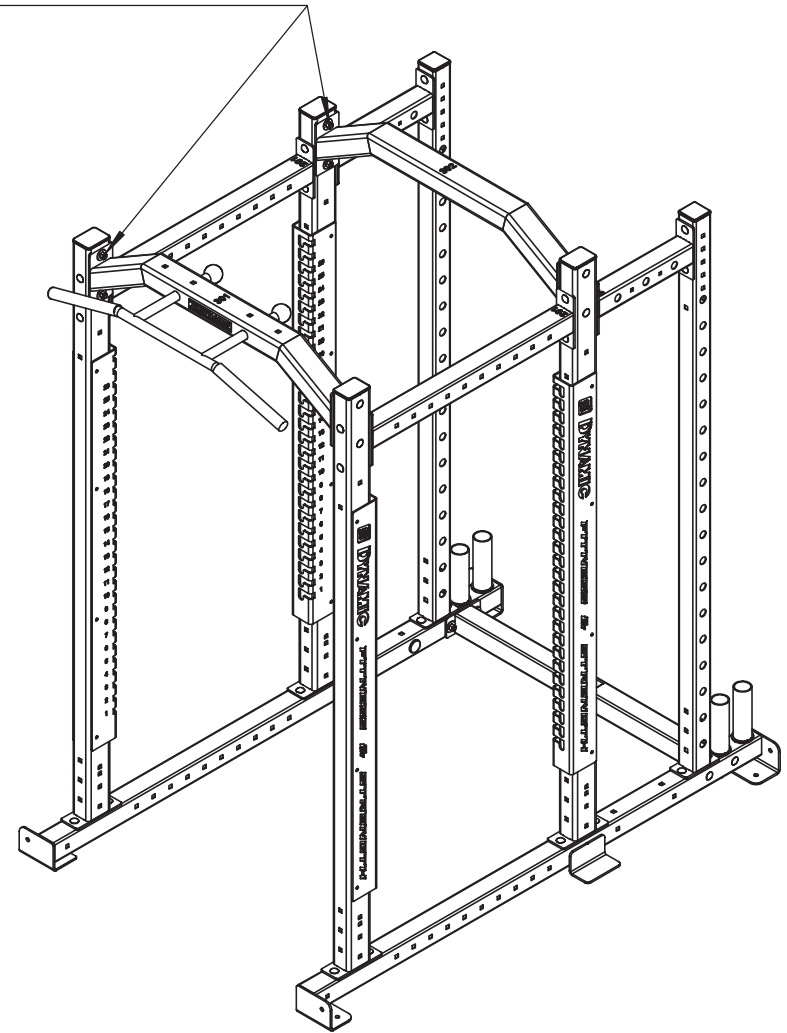


Step 4

Attach right half to left half as shown using horizontal base.

Note: The carriage bolt heads should be on the outside of the rack.

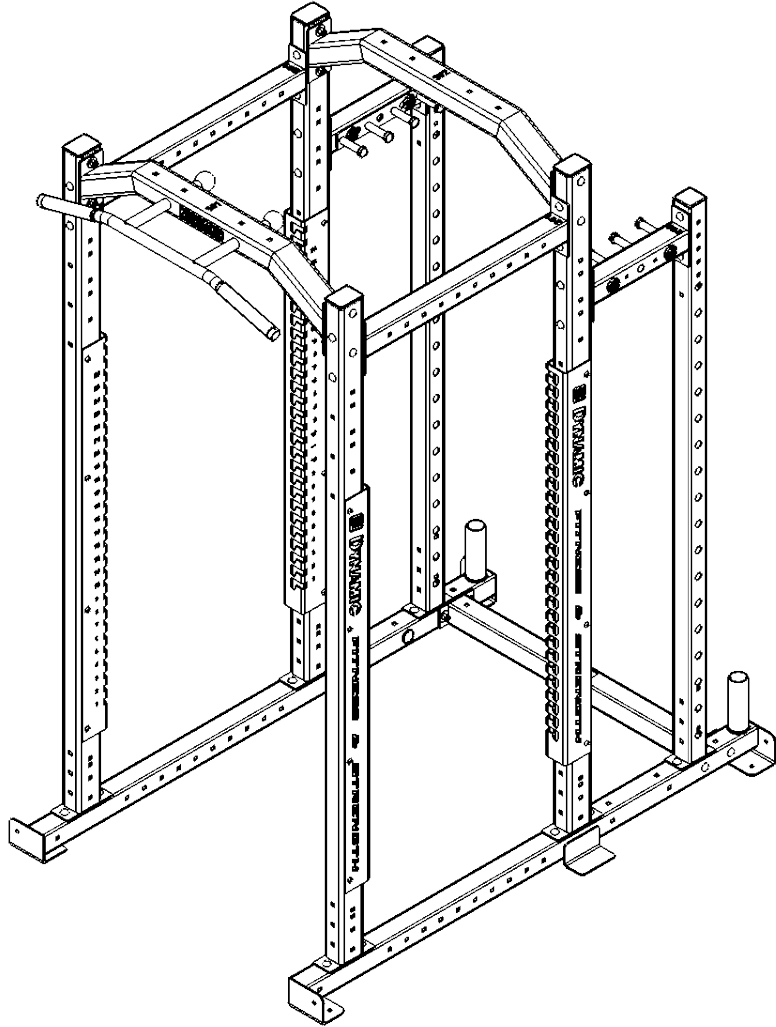
Note: Use 5" bolts on ULTRA PRO®
Use 4" bolts on TITAN G2



Step 5 A

Attach horizontal connector and chin up bar between left and right 8' uprights as shown. This bar may vary based on your model.

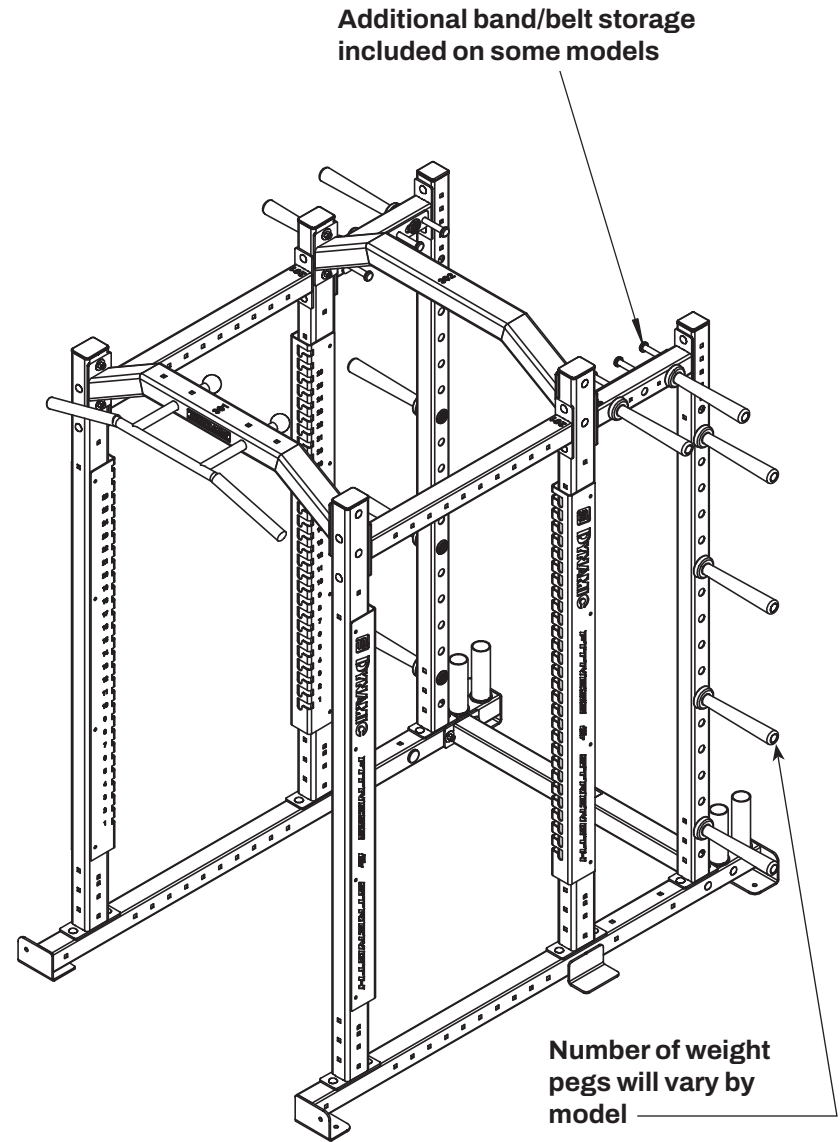
Note: This step requires two people to lift and fasten.



Step 5 B

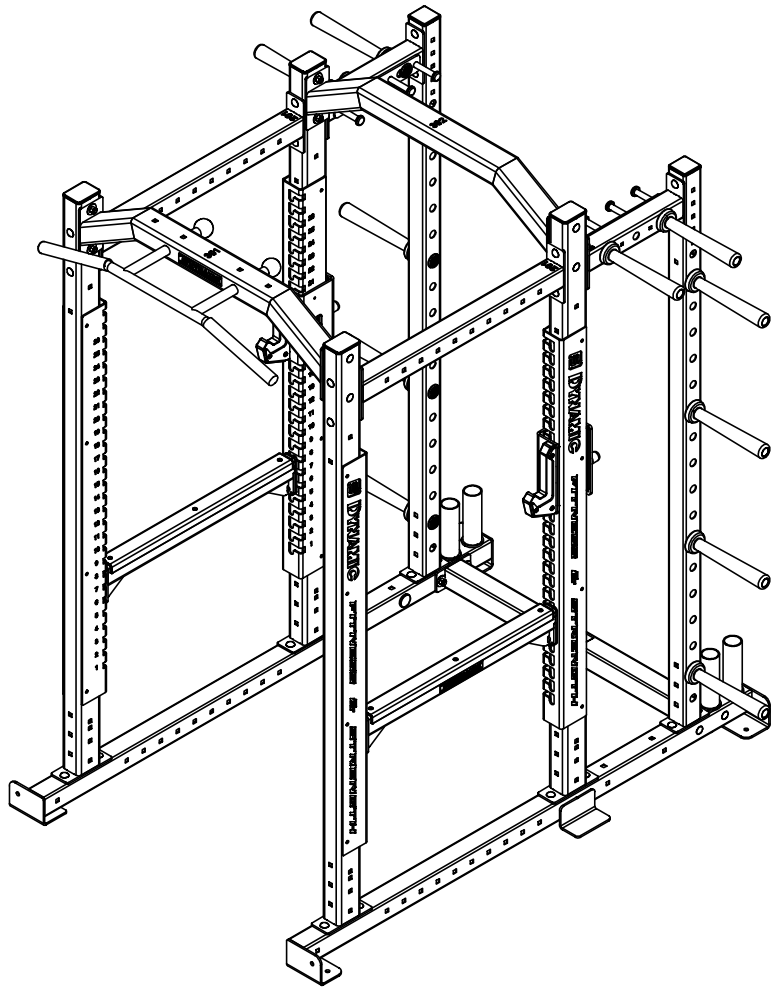
Attach horizontal connector and chin up bar between left and right 9' uprights as shown. This bar may vary based on your model.

Note: This step requires two people to lift and fasten.



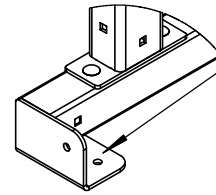
Step 6

Mount weight pegs in desired locations. The recommended spacing between each peg is (4) holes as shown.

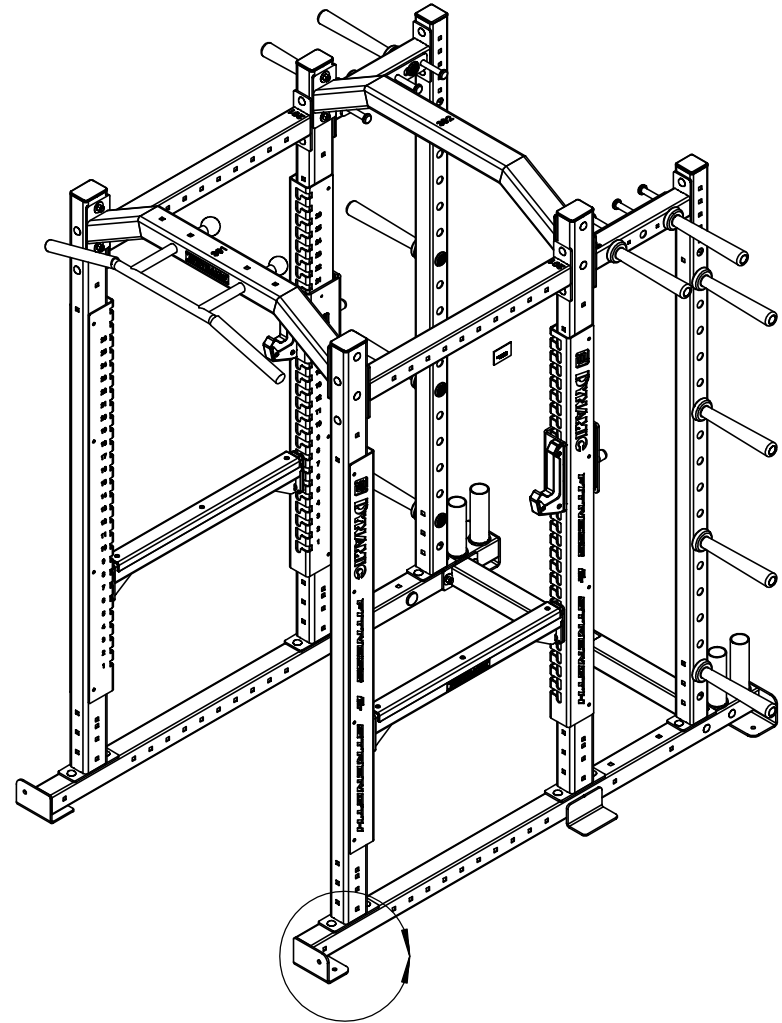


Step 7

Mount bar catch and safety assemblies to rack at desired location.



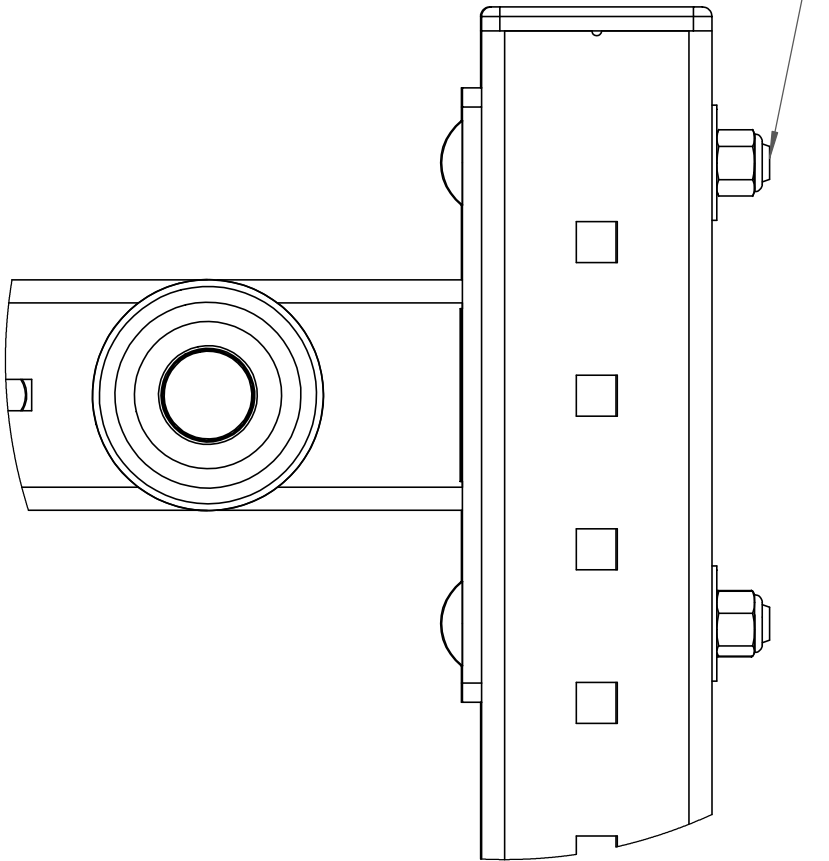
Anchor to floor using
1/2" hardware.
(Not Provided)



Step 8

Position rack in final location and anchor to floor using available holes on each base.

End of bolt **MUST**
extend beyond nut face
at all locations



Step 9

Tighten each hardware connection.
The end of each bolt should extend beyond nylock nut
face as shown.

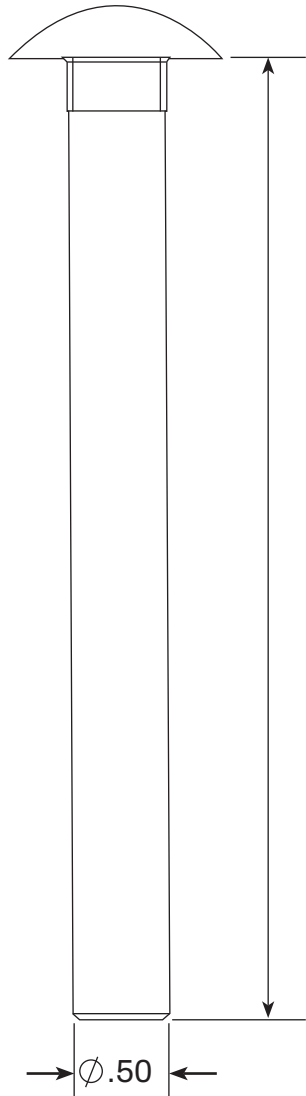
**DO NOT COLLAPSE TUBING FROM OVER
TIGHTENING HARWARE**

Maintenance

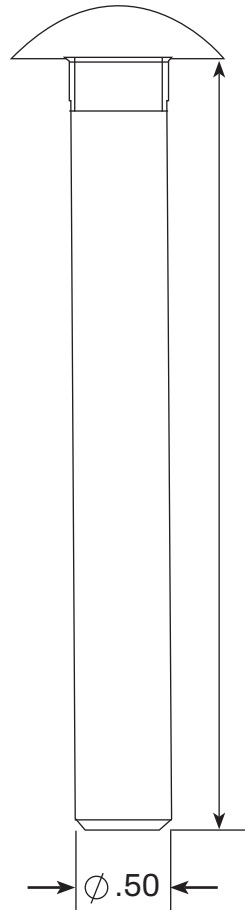
**Preventative actions will keep your
facility safe and productive for all
users**

- 1) Wipe Down Equipment
Use gneral purpose cleaner.
Avoid Bleach based solutions.
- 2) Lubricate All Moving Parts
Use a silicone spray and clean
rag to apply.
- 3) Tighten All Hardware
Inspect the condition of all
hardware and tighten loose
fasteners.
- 4) Inspect Wear Guards
To prevent metal to metal
contact with components keep
wear surfaces protected.
- 5) Replace All Worn Parts

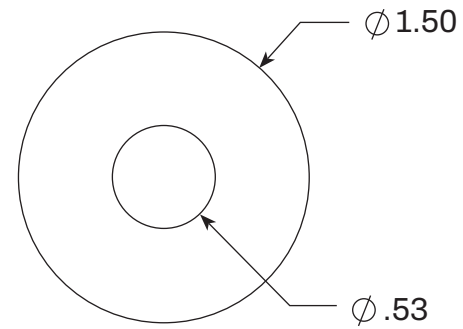
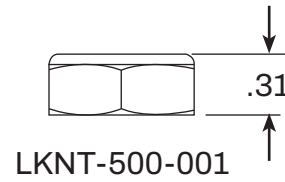
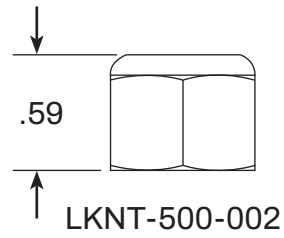
HARDWARE PACK CONTENTS
QUANTITIES VARY BY MODEL



CAIR-500-002



CAIR-500-001



FLW-500-001



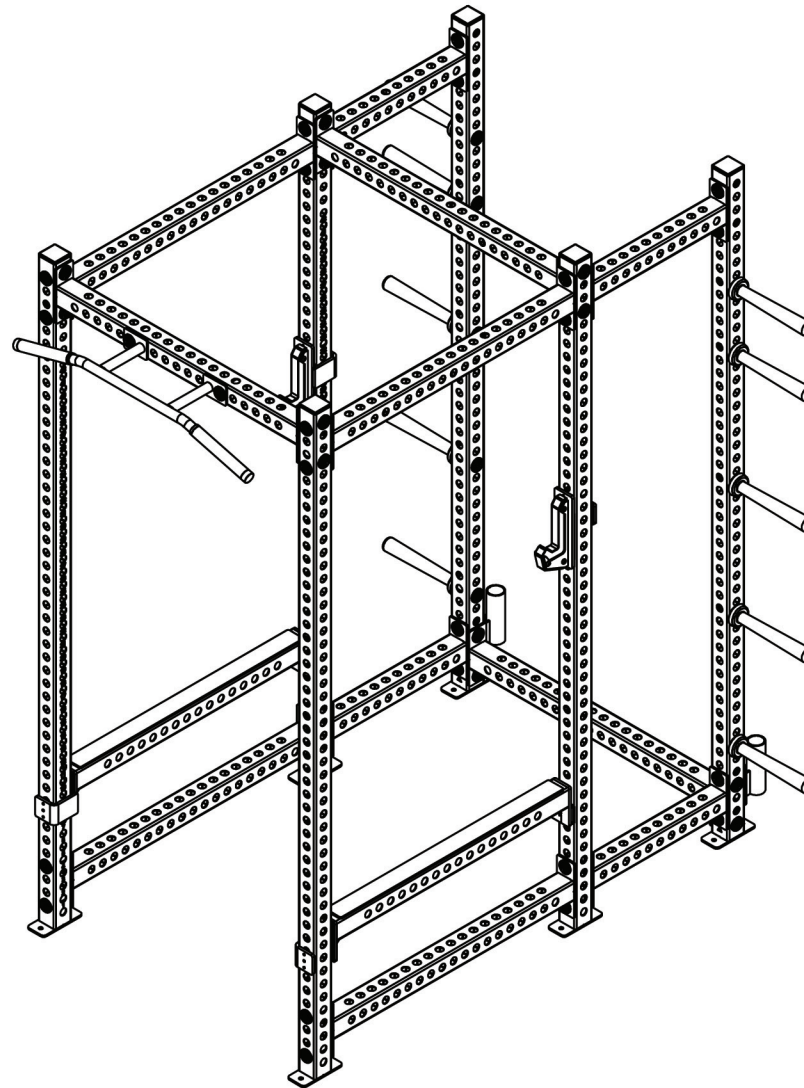
Tools Required:

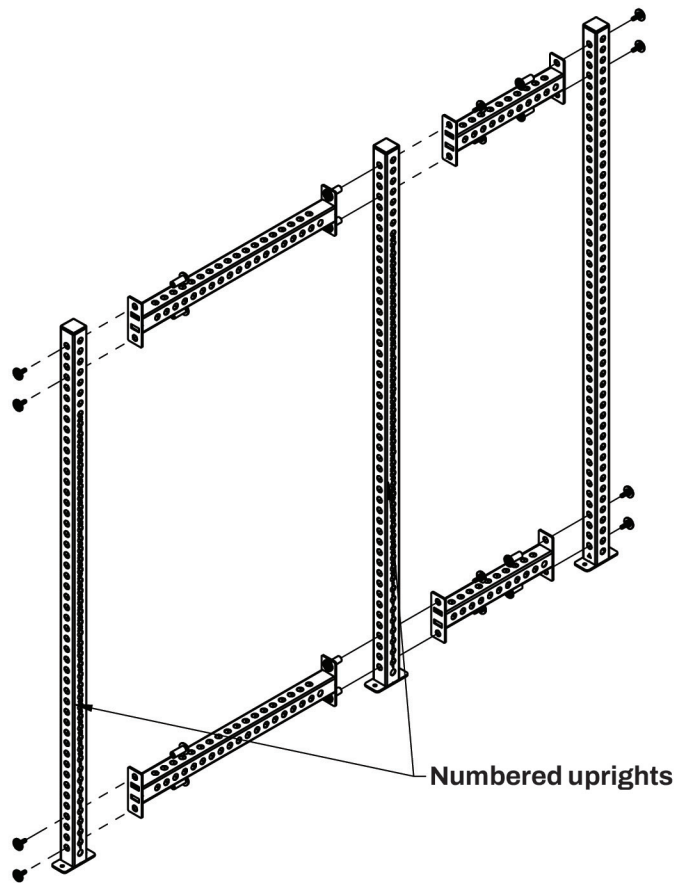
(2) 1/2" Hex Key Wrench

TITAN PRO POWER RACK ASSEMBLY INSTRUCTIONS

Models:

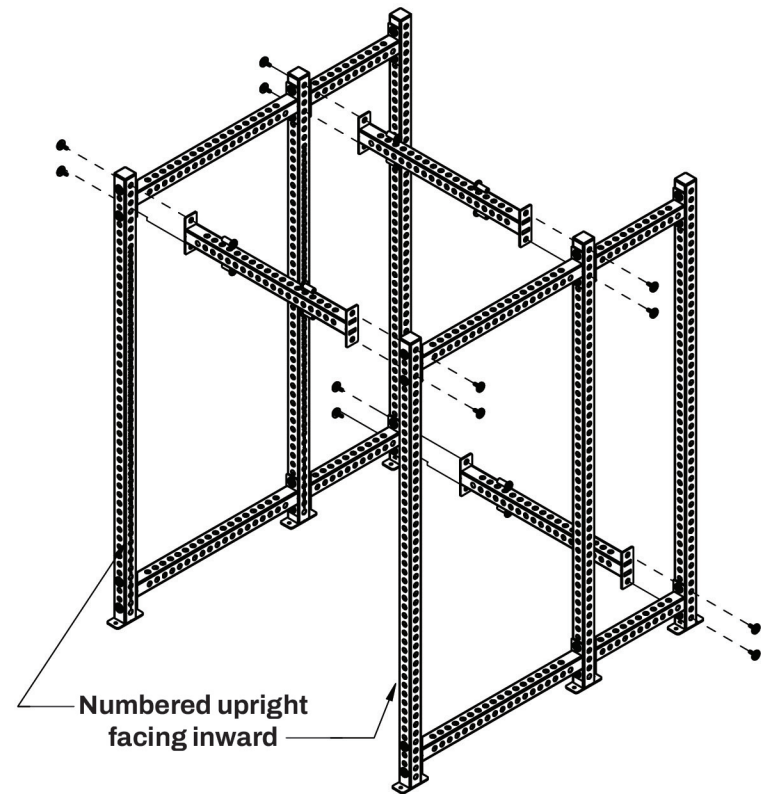
400514





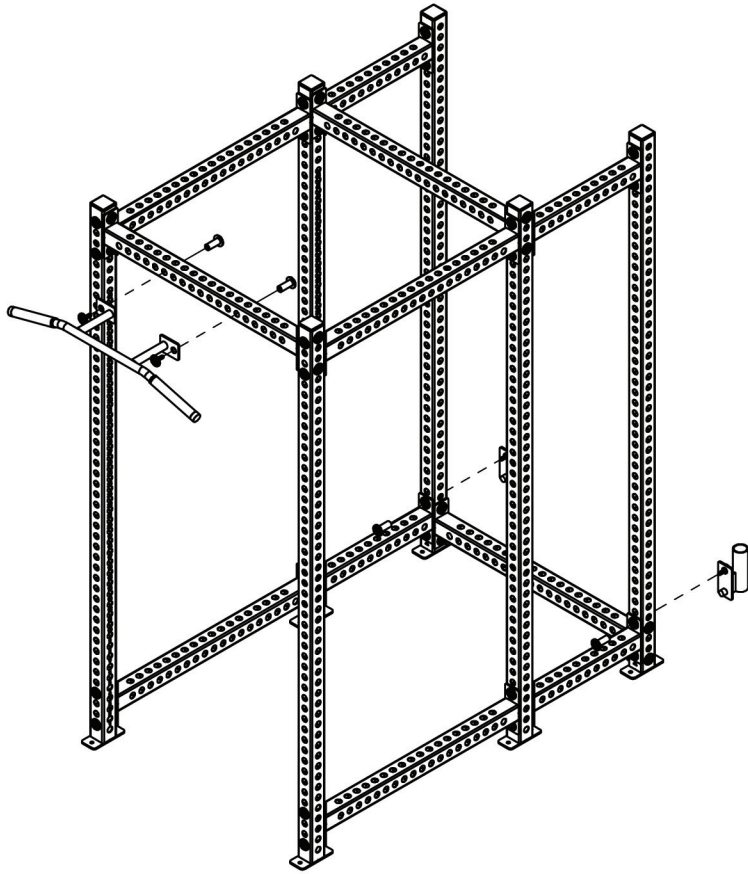
Step 1

Install the two uprights with laser cut number, and rear non numbered uprights together using 43" connectors between the numbered uprights, and 24" connectors between rear uprights. Repeat this step to create 2 side frames.



Step 2

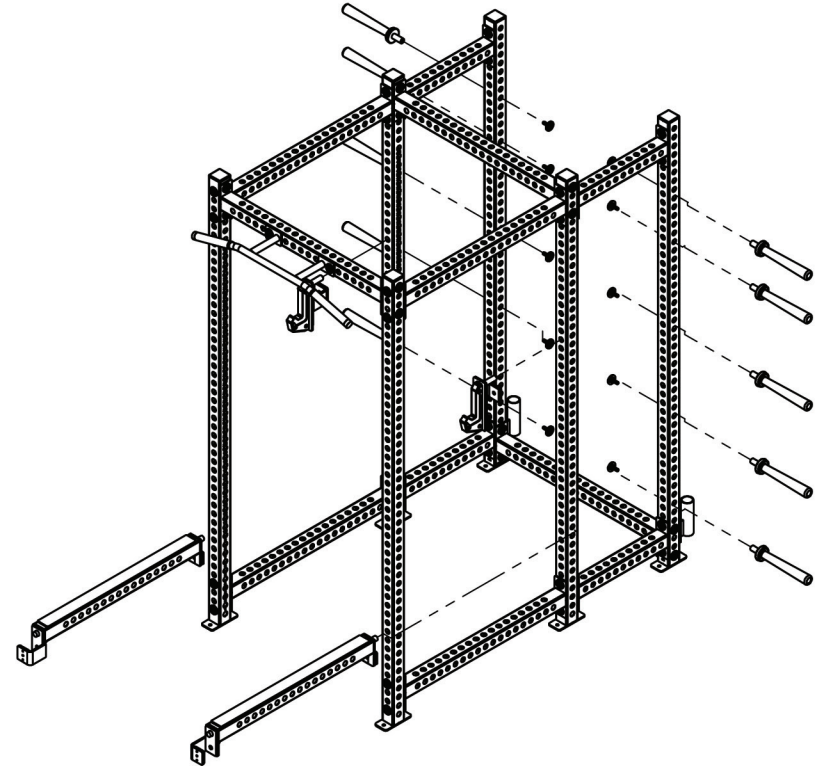
Take 2 side frames from step one, making sure that both numbered sides are facing inward, and join together using 3-43" connectors. Connect using the lowest possible holes on the center non numbered upright, and the highest 2 possible holes on the outer numbered uprights.



Step 3

Install chin up bar onto center of the upper front connector as shown.

Install 2 bar holders at desired location, standard mounting location is shown.



Step 4

Install safeties, J-cups and weight pegs at the desired location. Standard configuration shown.

Double check all hardware is tightened before use.